18th European Congress of INTERNAL MEDICINE
29-31 August, 2019
Lisbon

President of ECIM 2019: Luís Campos, Lisbon, Portugal
EFIM President: Nicola Montano, Milan, Italy

Innovation in Health Care:
New Opportunities for Internal Medicine

Scientific Program
www.efim.org/ecim2019
Join us for the 18th European Congress of Internal Medicine in Lisbon 2019!

Dear Colleague,

On behalf of the European Federation of Internal Medicine, it is our pleasure and privilege to invite you to the 18th European Congress of Internal Medicine, which will take place at the Lisbon Congress Centre, from 29 to 31 August 2019.

The theme of the congress is “Innovation in Health Care: New Opportunities for Internal Medicine”.

The choice of this theme was motivated by our belief that the demographic evolution, super-specialization trends in medicine and the escalating healthcare costs underscores the importance of a specialty with the characteristics of internal medicine, including the broad scope, patient-centred care and cost-conscious approach.

We have created an exciting program that balances challenging clinical topics with emerging innovations in medical care related to the theme of the congress. Excellent speakers will update our knowledge in a wide spectrum of areas in internal medicine and open new horizons for our specialty.

ECIM 2019 will also provide an excellent opportunity to share successful experiences and network with peers.

Voted as Europe’s leading destination, Lisbon is a trendy multicultural and multi-ethnic city with a unique light, beautiful buildings and streets, and excellent food and wine.

Throughout its history, Lisbon has been a point for convergence of civilizations. It is our wish that ECIM 2019 will be the meeting place for all internists across Europe and worldwide.

Welcome to ECIM 2019 in Lisbon! We will make you will feel at home!

Nicola Montano, MD, PhD
EFIM President

Luís Campos, MD, MSc, FACP (Hon)
President of ECIM 2019
COMMITTEES

President of ECIM 2019
Luís Campos, Portugal

EFIM President
Nicola Montano, Italy

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Congress Venue
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Praça das Indústrias, 1300-307
Lisbon, Portugal
LOCATION AND CONGRESS VENUE

Lisbon

The capital of Portugal lies on the north bank of the Tagus Estuary, on the European Atlantic coast. It is the westernmost city in continental Europe. Greater Lisbon has an area of approximately 1,000 km².

The city lies more or less in the centre of the country, approximately 300 km from the Algarve in the south and 400 km from the northern border with Spain. Lisbon offers a wide variety of options to the visitor, including beaches, countryside, mountains and areas of historical interest only a few kilometers away from the city centre.

Congress Venue – Lisbon Congress Center

The ECIM 2019 will take place at Lisbon Congress Centre, a pleasant and modern location, specially designed to hold large scale events of different kinds. The building offers lecture halls of different sizes, an attractive exhibition area as well as a number of rooms for spontaneous small scale meetings.

With the Tagus River nearby and close to the prestigious area of the Belém historical quarter, Lisbon Congress Centre is about 15 minutes drive from the city centre with its high number of hotels and restaurants.
## Registrations

<table>
<thead>
<tr>
<th></th>
<th>Early Bird Fee</th>
<th>Regular Registration Fee</th>
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<tbody>
<tr>
<td><strong>Until July 01, 2019</strong></td>
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<td><strong>Until August 15, 2019</strong></td>
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<tr>
<td>Member</td>
<td>€ 350.00</td>
<td>€ 400.00</td>
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<tr>
<td>Non-Member</td>
<td>€ 400.00</td>
<td>€ 450.00</td>
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<tr>
<td>Young Internists and Students</td>
<td>€ 200.00</td>
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<td>Exhibitor</td>
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<td>€ 100.00</td>
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<tr>
<td>Fast Assessment Diagnostic Ultrasound</td>
<td>€ 150.00</td>
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<tr>
<td>Hands-on course in non-invasive ventilation</td>
<td>€ 150.00</td>
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<tr>
<td>Antibiotic therapy in clinical practice</td>
<td>€ 150.00</td>
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<tr>
<td>Choosing wisely</td>
<td></td>
<td>Free</td>
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<tr>
<td>Quality of care, patient safety and doctor-patient communication</td>
<td></td>
<td>€ 75.00</td>
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<tr>
<td>Obesity Management Task Force Course Obesity Disease Treatment</td>
<td>Free</td>
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</table>

Registration fee includes:
- Admission to the scientific sessions
- Congress material
- Lunches and coffee-breaks
- Welcome cocktail
- Certificate of attendance

Registration cancellations:
- Any cancellations must be sent in written to ana.pais@admedic.pt;
- Up to August 15, 2019 | A handling fee of € 50.00 is due;
- From August 16, 2019 onwards | A full invoice amount will be charged

Registrations for the conference must be made online at http://www.efim.org/ecim2019/.
For any questions regarding group registrations or online registration process, please contact Ad Médic: Ana Pais | Email: ana.pais@admedic.pt | Phone: (+351) 218429710

### Hotel Accommodation

Guest rooms have been reserved at special congress rates in various hotels in the surroundings of the congress venue and in the city centre.
For information and/or reservation please visit http://www.efim.org/ecim2019/ or send an email to paula.gomes@admedictours.pt
# SIDE MEETINGS

## Thursday 29 August

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Room</th>
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<tbody>
<tr>
<td>09:30-11:30h</td>
<td>UEMS Meeting</td>
<td>room 1.07</td>
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<tr>
<td>10:00-12:00h</td>
<td>Young Internists Assembly</td>
<td>room 1.13</td>
</tr>
<tr>
<td>10:30-12:00h</td>
<td>Choosing Wisely Working Group Meeting</td>
<td>room 1.09</td>
</tr>
<tr>
<td>11:30-12:00h</td>
<td>General Assembly Registrations</td>
<td>Auditorium III</td>
</tr>
<tr>
<td>12:00-14:00h</td>
<td>EFIM General Assembly</td>
<td>Auditorium III</td>
</tr>
<tr>
<td>14:00-14:45h</td>
<td>Lunch &amp; networking</td>
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<tr>
<td>14:45-17:00h</td>
<td>EFIM General Assembly</td>
<td>Auditorium III</td>
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</table>

## Friday 30 August

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Room</th>
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<tbody>
<tr>
<td>12:30-13:30h</td>
<td>IMAGINE Working Group Meeting</td>
<td>room 1.05</td>
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<tr>
<td>12:30-14:30h</td>
<td>Ultrasound Working Group Meeting</td>
<td>room 1.06</td>
</tr>
<tr>
<td>12:30-13:30h</td>
<td>Quality of Care Working Group Meeting</td>
<td>room 1.02</td>
</tr>
<tr>
<td>12:30-14:30h</td>
<td>Critical Appraisal of Guidelines Working group Meeting</td>
<td>room 1.09</td>
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</tbody>
</table>

## Other Meetings – Friday 30 August

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Room</th>
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</thead>
<tbody>
<tr>
<td>12:30-13:30h</td>
<td>Foundation for Development of Internal Medicine Meeting</td>
<td>room 1.07</td>
</tr>
<tr>
<td>12:30-14:00h</td>
<td>EJIM Meeting</td>
<td>room 1.03</td>
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</tbody>
</table>
PRE-CONGRESS COURSES

Thursday 29 August

08:00h Opening of registration desk

09:00-17:00h Course 1 Room 1.05 + 1.06
Fast Assessment Diagnostic Ultrasound

Coordinators
André Borges (Portugal), Paulo Marcelino (Portugal) and Susan Marum (TBA)

Programme
09:00-09:15h Introduction
Course objectives
09:15-10:00h Basic technical aspects
Main ultrasound views
Image acquisition
10:00-11:00h HANDS-ON
11:00-11:15h Coffee break
11:15-11:45h LV evaluation
RV evaluation
IVC evaluation
Lung ultrasound
11:45-13:00h HANDS-ON
13:00-14:00h Lunch
14:00-14:30h Basic evaluation of the shocked patient
14:30-16:00h HANDS-ON
16:00-16:45h Case studies
16:45-17:00h Review and questions
Course 2

Hands-on course in non-invasive ventilation (Limited to 28 participants)

Coordinators

Piedade Amaro (Portugal) and Marco Fernandes (Portugal)

Faculty

Piedade Amaro (Portugal), Marco Fernandes (Portugal) Ricardo Pinho (Portugal), Elsa Sousa (Portugal) and Tiago Leonor (Portugal)

Learning objectives

1) Characterize acute respiratory failure and its pathophysiology.
2) Recognise the indications and contraindications for non-invasive ventilation (NIV).
3) Learn how to operate the ventilator and the equipment needed to start NIV:
   a. Know the main differences between “intensive care ventilators” and NIV dedicated ventilators;
   b. Recognise the usefulness and limitations of the features on the new generation of NIV ventilators: oxygen supplementation, leak compensation and monitoring;
   c. Recognize the importance of the humidification of inspired gases, especially in intensive care ventilators;
   d. Acknowledge the significance of the exhalation port in single circuit ventilators;
   e. Distinguish exhalation ports from anti-choking devices;
   f. Know how to connect oxygen enrichers in single circuit ventilators;
   g. Know how to program the main ventilation modes and to set the alarms appropriately;
   h. Learn the clinical importance of the pressure ramp and of the inspiratory and expiratory triggers.
4) Know how to choose an interface and how to adjust it to the patient:
   a. Identify the advantages and disadvantages of full-face, oro-nasal and nasal masks;
   b. Understand the role of leaks in NIV success;
   c. Recognize and deal with leaks
5) Know how to capture the patient’s confidence to start NIV.
6) Know how to apply the necessary monitoring in NIV:
   a. Acknowledge the need to establish the most appropriate place to start, according to the severity and risk factors of each patient.
7) Raise awareness to the meaning of an “early start” and “early recognition of NIV failure”.
8) Recognise the importance of patient-ventilator synchrony.
9) Learn how to adjust ventilator parameters based on the patient’s response.
Methodology
Lectures; Practical sessions with the ventilator-hands on; Clinical case scenario discussion.

Evaluation
Theoretical knowledge assessment: The final evaluation consists in the answer to a questionnaire with 100 questions (“true” or “false” response). The successful completion of the Non-Invasive Ventilation Course implies correct answer to at least 75% of the questions.

Programme
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>08:20-08:35h</td>
<td>Course presentation</td>
</tr>
<tr>
<td>08:35-09:05h</td>
<td>Acute respiratory failure</td>
</tr>
<tr>
<td>09:05-09:35h</td>
<td>Oxygen therapy and Introduction to NIV – Indications and contraindications</td>
</tr>
<tr>
<td>09:35-10:20h</td>
<td>Ventilatory modalities I</td>
</tr>
<tr>
<td>10:20-10:35h</td>
<td>Coffee break</td>
</tr>
<tr>
<td>10:35-11:20h</td>
<td>Ventilatory modalities II</td>
</tr>
<tr>
<td>11:20-11:50h</td>
<td>Ventilatory interfaces and the logistics necessary to apply NIV in the acute setting</td>
</tr>
<tr>
<td>11:50-12:20h</td>
<td>Workshop: Patient-ventilator synchrony</td>
</tr>
<tr>
<td>12:20-13:30h</td>
<td>Lunch</td>
</tr>
<tr>
<td>13:30-15:30h</td>
<td>Practical session: Hands-on: knowing the material and programming the ventilator in different clinical situations</td>
</tr>
<tr>
<td>15:30-17:00h</td>
<td>Clinical case scenario: NIV in acute respiratory failure</td>
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<tr>
<td>17:00-17:30h</td>
<td>Theoretical knowledge assessment</td>
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</tbody>
</table>
Course 3

**Antibiotic therapy in clinical practice** (Limited to 80 participants)

**Coordinator**
João Sá (Portugal)

**Faculty**
António Nunes (Portugal), Maria José Rei (Portugal), Bernardo Baptista (Portugal), Pedro Raimundo (Portugal), Bernardo Neves (Portugal), Anabela Raimundo (Portugal), Susana Coelho (Portugal), António Messias (Portugal), Filipa Malheiro (Portugal), Mónica Nave (Portugal) and Natália Marto (Portugal)

**Learning objectives**
1) Microbiology issues in clinical practice.
2) Antibiotics: Mechanisms of action, pharmacokinetic and pharmacodynamic behavior.
3) Antibiotic therapy principles.
4) Antibiotic therapy monitoring in the hospital environment.
5) Antibiotic therapy in clinical settings.
6) State of the art and future of antibiotic classes.

**Methodology**
Lectures; Clinical cases discussion.

**Evaluation**
Final assessment with a 48 questions multiple choice questionnaire. Televoting if possible.

**Programme**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>09:00-09:15h</td>
<td>Course presentation</td>
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<tr>
<td>09:15-09:45h</td>
<td>Microbiology basic issues in clinical practice</td>
<td>António Nunes (Portugal)</td>
</tr>
<tr>
<td>09:45-10:15h</td>
<td>Antibiotics: Mechanisms of action, pharmacokinetic and pharmacodynamic behavior</td>
<td>Maria José Rei (Portugal)</td>
</tr>
<tr>
<td>10:15-10:45h</td>
<td>Antibiotic therapy principles and main rules</td>
<td>Bernardo Baptista (Portugal)</td>
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<tr>
<td>10:45-11:00h</td>
<td>Coffee break</td>
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<tr>
<td>11:00-11:30h</td>
<td>Antibiotic stewardship</td>
<td>Pedro Raimundo (Portugal)</td>
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<tr>
<td>11:30-12:00h</td>
<td>Antibiotic therapy of pneumonias</td>
<td>Bernardo Neves (Portugal)</td>
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<tr>
<td>12:00-12:30h</td>
<td>Antibiotic therapy in endocarditis</td>
<td>Anabela Raimundo (Portugal)</td>
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<tr>
<td>12:30-13:30h</td>
<td>Lunch</td>
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<tr>
<td>Time</td>
<td>Session</td>
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</table>
| 13:30-14:00h | **Antibiotic therapy of urinary infections**  
                 *Susana Coelho* (Portugal)                                                |
| 14:00-14:30h | **Antibiotic therapy of intra-abdominal infections**  
                 *António Messias* (Portugal)                                               |
| 14:30-15:00h | **Antibiotic therapy of meningitis**  
                 *Filipa Malheiro* (Portugal)                                              |
| 15:00-15:30h | **Antibiotic therapy in febrile neutropenia**  
                 *Mónica Nave* (Portugal)                                                  |
| 15:30-16:00h | **State of the art and the future of the different antibiotic classes**  
                 *Natália Marto* (Portugal)                                               |
<p>| 16:00-16:30h | <strong>Theoretical knowledge assessment</strong>                                      |
| 16:30-17:00h | <strong>Closing remarks</strong>                                                      |</p>
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>09:00-17:00h</td>
<td><strong>Course 4</strong>&lt;br&gt;Quality of care, patient safety and doctor-patient communication&lt;br&gt;(Limited to 30 participants)</td>
</tr>
<tr>
<td><strong>Coordinators</strong></td>
<td><em>Matthias Raspe</em> (Germany), <em>Mine Durusu</em> (Turkey) and <em>Monica Bivol</em> (Norway)</td>
</tr>
<tr>
<td><strong>Programme</strong></td>
<td>Welcome and introduction&lt;br&gt;<em>Luís Campos</em> (Portugal)</td>
</tr>
<tr>
<td>09:00-09:05h</td>
<td>Concepts and determinants of quality of care and patient safety in healthcare&lt;br&gt;(Introduction in the fields of quality of care and patient safety)&lt;br&gt;<em>Luís Campos</em> (Portugal)</td>
</tr>
<tr>
<td>09:05-09:45h</td>
<td>Tools to improve quality of care and patient safety&lt;br&gt;(Presentation of practical tools to evaluate, monitor and improve quality of care and patient safety in healthcare)&lt;br&gt;<em>Reinhard Strametz</em> (Germany)</td>
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<tr>
<td>10:00-09:45h</td>
<td>Coffee break</td>
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<tr>
<td>10:00-11:30h</td>
<td>The human factor&lt;br&gt;(This session covers the various causes of medical errors and what we can learn from them)&lt;br&gt;<em>Amy Burbridge</em> (UK)</td>
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<tr>
<td>11:30-12:15h</td>
<td>Treat first, what kills first&lt;br&gt;(The most relevant threats to patient safety in internal medicine)&lt;br&gt;<em>Monica Bivol</em> (Norway)</td>
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<tr>
<td>12:15-13:00h</td>
<td>Lunch</td>
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<tr>
<td>13:00-13:45h</td>
<td>Tuning the safety environment in the wards and keeping the team in&lt;br&gt;(The role of leadership and team work for improving quality of care and patient safety)&lt;br&gt;<em>Mine Durusu Tanriover</em> (Turkey)</td>
</tr>
<tr>
<td>13:45-14:30h</td>
<td>Improving health literacy&lt;br&gt;(How to communicate evidence and risks in an era of patient-centered care)&lt;br&gt;<em>Reinhard Strametz</em> (Germany)</td>
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<tr>
<td>14:30-14:45h</td>
<td>Coffee break</td>
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<tr>
<td>14:45-16:30h</td>
<td>Communication – The alpha and omega of quality in healthcare&lt;br&gt;(A session with practical parts to learn about essential communication skills for establishing an effective doctor-patient relation and safe care environment)&lt;br&gt;<em>Fátima Seabra</em> (Portugal)</td>
</tr>
<tr>
<td>16:30-17:00h</td>
<td>Course evaluation and closing remarks&lt;br&gt;<em>Matthias Raspe</em> (Germany)</td>
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<tr>
<td>Time</td>
<td>Activity</td>
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<tr>
<td>13:00-13:15h</td>
<td>Opening session</td>
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<tr>
<td>13:15-13:45h</td>
<td>Adoption, adaptation, and de novo development of trustworthy recommendations: GRADE</td>
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<tr>
<td>13:45-14:15h</td>
<td>From Choosing Wisely to less is more: Data from an interventional approach</td>
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<tr>
<td>14:15-14:45h</td>
<td>Top 5 LIST recommendations Switzerland</td>
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<tr>
<td>14:45-15:15h</td>
<td>Coffee break</td>
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<tr>
<td>15:15-16:15h</td>
<td>Practical cases in Choosing Wisely. The implementation of CW. Russia.</td>
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<tr>
<td>16:15-16:45h</td>
<td>Discussion</td>
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<tr>
<td>16:45-17:00h</td>
<td>Final Session</td>
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13:00-17:00h  **Course 6**  
**Obesity Management Task Force Course Obesity Disease Treatment**

Coordinator  
Dror Dicker (Israel)

**Learning objectives**

1) Recognise that obesity is a chronic relapsing disease that has a multifactorial aetiology and multiple health consequences.
2) Appreciate patient perspectives and the significant issues of weight bias and stigma.
3) Appreciate clinical evaluation techniques and be cognisant of the effectiveness of various interventions including dietary, physical activity, behavioural, pharmacological and surgical approaches.
4) Be familiar with a variety of evidence-based and patient-centred tools and methods that can assist and enhance the implementation of weight management programmes.

**Programme**

13:00-13:30h  
**Clinical evaluation of the patient with obesity disease in the Internal Medicine department**  
*David Carvalho* (Portugal)

13:30-14:00h  
**How to prepare the patient to life style changes**  
*Amy Ahern* (UK)

14:00-14:30h  
**Medical nutrition therapy**  
*Paula Freitas* (Portugal)

14:30-15:00h  
**Evidence based physical activity prescriptions**  
*António Palmeiras* (Portugal)

15:00-15:30h  
Coffee break and free discussion

15:30-16:00h  
**Pharmacotherapy of obesity disease**  
*Dror Dicker* (Israel)

16:00-16:30h  
**Bariatric Surgery: Indication and options**  
*Alex Miras* (UK)

16:30-17:00h  
**Post Bariatric Surgery follow up – Internist point of view**  
*Luca Busetto* (Italy)

17:00-17:10h  
Conclusion
Friday  30 August

07:00h  Opening of registration desk

08:00-09:00h  Plenary session  Auditorium 1
    New developments in the approach to chronic heart failure
    Stefan Anker (Germany)

09:00-10:00h  Parallel session  Auditorium 1
    Chronic thromboembolic pulmonary hypertension: A complex entity
    • Diagnosis and medical therapy
      Marion Delcroix (Belgium)
    • Pulmonary endarterectomy and pulmonary angioplasty
      Eli Fadel (France)

09:00-10:00h  Parallel session  Auditorium 2
    Changing the paradigm of hospital care
    • Co-management of surgical patients
      Eduardo Montero Ruiz (Spain)
    • Hospital at home
      Sophia de Rooij (the Netherlands)
10:00-10:30h Coffee break / Poster discussion / Young Internists Corner

Young Internists Corner  
Exhibition Hall

Make Internal Medicine great again: Bridging the two sides of the ocean  
Robert McLean (USA) and Xavier Corbella (Spain)

10:30-11:30h Plenary session  
Auditorium 1

The impact of artificial intelligence on the future of healthcare  
Don Detmer (USA)

11:30-12:30h Parallel session  
Auditorium 1

Hot topics in liver disease
- From NAFLD/NASH to autoimmune hepatitis  
  George Dalekos (Greece)
- Acute on chronic liver failure  
  John O’Grady (UK)

11:30-12:30h Parallel session (Joint session EFIM-ACP)  
Auditorium 2

The hospital in the context of health and social network
- European perspective  
  Xavier Corbella (Spain)
- American perspective  
  Robert M. McLean (USA)

12:30-13:30h Lunch

13:30-14:30h Parallel session (Young Internists Session)  
Auditorium 1

“Looking for Phoenix” – Dealing with burnout
- The endemic of burnout and how should we respond  
  Kristina Glise (Sweden)
- The importance of the work-life balance  
  Ewelina Biskup (Switzerland)

13:30-14:30h Parallel session  
Auditorium 2

A new look at the cardiovascular risk factors and hypertension
- New cardiovascular risk factors: Clinical relevance  
  José Delgado Alves (Portugal)
- New perspective of hypertension management  
  Ehud Grossman (Israel)
14:30-15:30h  **Parallel session**  
**Auditorium 1**

**Update on stroke**
- What is new in medical approach to stroke?  
  *Patrik Michel* (Switzerland)
- Vascular intervention in stroke  
  *Mikael Mazighi* (France)

14:30-15:30h  **Parallel session**  
**Auditorium 2**

**Challenges in the future of healthcare**
- How to achieve patient centered care?  
  *Rijk Gans* (the Netherlands)
- How to provide clinical relevant information at the point-of-care?  
  *António Vaz Carneiro* (Portugal)

15:30-16:00h  **Coffee Break / Poster Discussion / Young Internists Corner**  
**Exhibition Hall**

**Young Internists Corner**

**Hidden curriculum: Mentoring the next generation of doctors**
- *Rijk Gans* (the Netherlands) and *Kristina Glise* (Sweden)

16:00-17:00h  **Parallel session**  
**Auditorium 1**

**Update on autoimmunity**
- Treat-to-target in SLE: Where are we?  
  *Ricard Cervera* (Spain)
- ANCA-associated vasculitis  
  *Loic Guillevin* (France)

16:00-17:00h  **Parallel session**  
**Auditorium 2**

**Cancer immunotherapy: Challenges for the internist**
- Immunotherapy as a powerful innovation  
  *Sergio Abrignani* (Italy)
- Clinical management of adverse effects  
  *Juan Martin-Liberal* (Spain)
17:00-18:00h Parallel session
Doctor-patient communication
• How communication with patients and families are essential to good decisions? 
  António Carneiro (Portugal)
• What is the impact of technology in doctor-patient communication? TBC

17:00-18:00h Parallel session (Young Internists session)
Drug management in 2050 – A glimpse to the future
• State of the art and innovations in drug management for treating challenging conditions in Internal Medicine 
  Emanuele Durante-Mangoni (Italy) and Ieva Ruža (Latvia)

Saturday 31 August

07:00h Opening of registration desk

08:00-09:00h Plenary session
The impact of environmental changes on health
• The dimension of the problem and the WHO recommendations 
  Diarmid Campbell Lendrum (Switzerland)
• What can the healthcare professionals do? 
  Nicholas Watts (UK)

09:00-10:00h Parallel session
From hospital-acquired infections to the problem of multiresistance
• What strategies can be used to prevent hospital-acquired infections? TBC
• Implementing antibiotic stewardship in hospitals to reduce AMR and HAI 
  Serhat Unal (Turkey)

09:00-10:00h Parallel session
Update in rare diseases
• The patient’s genome – A clinical tool for the physician 
  Idit Maya (Israel)
• Emerging treatments in rare diseases 
  Maria Domenica Capellini (Italy)
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<tr>
<th>Time</th>
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<tr>
<td>10:00-10:30h</td>
<td>Coffee Break / Poster Discussion / Young Internists Corner</td>
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<td>Young Internists Corner</td>
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<td></td>
<td>Publish or perish: Tips and tricks for your next paper</td>
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<td>10:30-11:30h</td>
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<td>The surprising world of patient innovation</td>
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<td>Pedro Oliveira (Portugal)</td>
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<td>11:30-12:30h</td>
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<td>The undiagnosed patients of our clinical practice</td>
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<td>• How to recognize autoinflammatory syndromes?</td>
<td>Helen J. Lachmann (UK)</td>
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<td>• How to recognize hereditary immunodeficiencies in the adult?</td>
<td>Steve Holland (USA)</td>
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<td>11:30-12:30h</td>
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<td>Hot topics in blood disorders</td>
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<td>• Multiple myeloma</td>
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<td>Sigurdur Yngvi Kristinsson (Iceland)</td>
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<td>• Oral anti-coagulation in the real world</td>
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<td>12:30-13:30h</td>
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<td>13:30-14:30h</td>
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<td>Hot topics in diabetes</td>
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<td>• Diabetes and heart failure</td>
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<td>Ricardo Gómez Huelgas (Spain)</td>
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<td>• Advances in the treatment of diabetes</td>
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<td>Giorgio Sesti (Italy)</td>
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<td>13:30-14:30h</td>
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<td>Perspectives in Internal Medicine from the other side of the Atlantic</td>
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<td>• The hospitalist revolution in USA</td>
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<td>Gretchen A. Diemer (USA)</td>
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<td>• Internal Medicine in South America</td>
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<td>Manuel Klein (Argentina)</td>
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14:30-15:30h  **Parallel session**  
**Auditorium 1**  
New imaging techniques for the internist  
- New boundaries of liver imaging: The MR shift from to function  
  *Filipe Caseiro Alves* (Portugal)  
- Endoscopic ultrasound  
  TBC  

14:30-15:30h  **Parallel session**  
**Auditorium 2**  
Top five rated abstracts  

15:30-16:00h  **Plenary session**  
**Auditorium 1**  
- FDIME Research Grant Award Ceremony and FDIME Best Award Ceremony  
- EJCRIM and Young Internists Best Case Report Ceremony  

16:00-17:00h  **Closing session** *(Young Internists session)*  
**Auditorium 1**  
Closing Lecture: Heath care in the social media era  
*Vasi Radulescu* (Romania) and *Nicola E. Rüegsegger* (Switzerland)  
Closing Remarks
Please submit your abstract at:
www.efim.org/ecim2019/eposters

## DATES TO REMEMBER

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<tr>
<td>Online Abstract Submission Opening</td>
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<td>Abstract Submission Deadline</td>
<td>April 30, 2019</td>
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<td>June 12, 2019</td>
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<td>Early Registration Deadline</td>
<td>July 01, 2019</td>
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